

Worksheet n°4 – Unit 2	English	<u>7° A-B</u>
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## Unit 2: "Health and habits"

## A World of Healthy Habits

Objetivos: OA1; OA8; OA9; OA14; OA15

- Identificar información en textos escritos
- Expresar sugerencia, obligación y prohibición
- Identificar adverbios y expresiones de frecuencia
- Escribir y hablar acerca de su(s) hobbies
- Reconocer las partes de una oración

#### Part 1

## **Expressing Suggestions, Obligation and Prohibition**

#### SUGGESTIONS:

We use COULD (podría) to express a suggestion.

#### Examples:

-You **could** stay healthy by running once a week.



#### **OBLIGATION:**

We use MUST (debo) and HAVE TO (tengo que).

 a) Must: expresa obligación personal; lo que el hablante cree que es necesario hacer.

#### Examples:

-I must take care of my dog.



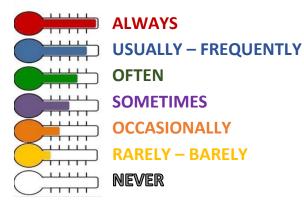
	o) Have to: expresa una obligación externa (leyes, reglamentos)	
Example	es: -You <b>have to</b> put on your seatbelt when you drive.	
PROHIE \	BITION: We use MUSTN'T (no debo) and imperative sentences with DON'T	-(no)
ć	a) <b>Mustn't</b> : Prohibido hacer algo; no permitido.	
Exampl		ce please!
ł	o) <b>Don't</b> : usado, especialmente, para dar órdenes.	
	-Don't eat too much junk food.	
Read th	ne following sentences and correct them.	
1. You s	shouldn't help clean the neighborhood.	
2. You (	could throw papers on the street!	
3. You r	must speak loudly in the library.	
4. Peop	le mustn't always respect the traffic lights.	

Create sentence	es expressing obligation and prohibition about your own daily life.
1. I mustn't skip	class.
2	
3	
4	
5	
Create 4 senter healthier lifesty	nces that express suggestion to a friend who wants to have a
E	xample: You don't have to eat junk food.
1	
2	
3	
4	

#### Part 2

### Frequency adverbs





Utilizamos los adverbios de frecuencia para indicar con qué frecuencia ("How often") realizamos una determinada actividad o acción.

Los adverbios de frecuencia van <u>antes</u> del verbo principal, o sea, de la acción que realizo.

# Examples.

I sometimes watch TV.





She never eats sweets.







I always play with my friends.

# How often...? ----- Para preguntar ¿Cada cuanto...?

How often do you study English?-- I study English every day.



# Frequency expressions: Cada cuanto hacemos algo. Van al final de la oración.

Expression	Spanish	Example
Every day	Cada dia	I eat fruits every day.
Every week	Cada semana	I walk my dog every week.
Every month	Cada mes	I go to the park <b>every month</b> .
Every year	Cada año	I go to the doctor every year.
Once	Una vez	
One a day	Una vez al dia	I drink milk <b>once a day</b> .
Once a week	Una vez a la semana	I eat meat once a week.
Twice	Dos veces	
Twice a day	Dos veces al dia	I vacuum my room <b>twice a day</b> .
Twice a week	Dos veces a la semana	I go to English class <b>twice a week</b> .
(number times a)		
Three time a	Tres veces	I brush my teeth <b>three times a</b> day.
Four times a	Cuatro veces	I take my dog to the vet four times
		<b>a</b> year.

## Ask around your house.

Question	Name	Answer
How often do you		
tidy your room?		
How often do you		
eat vegetables?		
How often do you		
go to school?		
How often do you		
play video games?		
How often do you		
play with your		
friends?		
How often do you		
walk your dog?		

# Read about Paz and then circle True or False. (Lee acerca de Paz y responda)



Hello! I'm Paz! This is my dog, Chubby. I always walk her after school. And I take her to the vet three times a year. After dinner, I sometimes do the dishes with my mom, but I usually go to my bedroom and do my homework. Once a week I have piano lessons, it's really fun and I'm getting better at it. I usually like listening to music, and I go to concerts once a year. My sister loves to watch TV, and twice a month we watch a Disney movie together. I always go to bed at ten o'clock.

Paz has got a cat as a pet.	True	False
She takes her to the vet three times a year.	True	False
She always does the dishes.	True	False
She has piano lessons twice a week.	True	False
Her sister doesn't like movies.	True	False
She never goes to concerts.	True	False
She always goes to bed at 10 pm.	True	False

Part 3

Talking about our hobbies.



I love reading before going to sleep. I do it every night.





I love dancing ballet. I do it since I'm a kid, and I dance twice a week.

# Read about Karina and Diego talking about their favorite leisure time activities and answer the questions.

#### Karina

I love solving Sudoku puzzles. They are fun and make me think a lot, which is good for my brain. I usually do it while I commute to work or when I'm at home. My children have also developed their interest in puzzles. We sometimes solve them together!



#### Diego

I think my favorite leisure time activity is drawing. I think I could be an illustrator because I do it all the time. I enjoy drawing portraits of people or just drawing what I see while I walk on the streets. I sometimes go to the park and look for a nice spot to sit down. I always carry colored pencils and a small notebook. You never know when you'll find something worth drawing!



a. what does Karina like?
b. What is Sudoku good for?
c. Do you agree with Karina? Why?
d. What is Diego's favorite leisure time activity?
e. What does he think he could be?
f. What does he do in the park?

Writing and speaking task

Escribe acerca de lo que te gusta hacer en tu tiempo libre.

Graba un audio de lo que escribiste que dure mínimo 30 segundos y envíalo al mail:

ingles.academiamalloco@gmail.com

Fecha maxima para enviar el audio:

**2 DE JULIO** 



	My favo	orite hobb	ie	

Part 4

## Parts of speech

Name	Description	Examples	Sentende
Noun	Name of people, places,	Chile, Manuel,	Mary has a pen.
(Sustantivo)	things, or ideas. (Nombre	Madrid, Love,	
	de personas, lugares,	etc.	
	cosas o ideas)		
Pronoun	They are used in place of	I, you, her, its,	I want <b>her</b> to eat
(Pronombre)	a noun to avoid repetition.	their, we, etc.	my food.
	(Se usan en lugar del		
	sustantivo para evitar		
	repetición)		
Adjective	Describes the noun.	Tall, white, small,	The house is <b>blue</b> .
(Adjetivo)	(Describe al sustantivo)	black, etc.	
Verb (Verbo)	Shows an action or a	Run, cook, be,	She <b>plays</b> football.
	state. (Se refiere a una	read, study, feel,	
	acción o a un estado)	etc.	
Adverb	Modifies a verb, an	Slowly, very, far,	The baby cried
(Adverbio)	adjective or another	etc.	loudly.
	adverb. (Modifica a un		
	verbo, un adjetivo u otro		
	adverbio. Responden a la		
	pregunta ¿Cómo?)		
Preposition	They show place, direction	On, at, behind,	The book is on the
(preposición)	and time. (Demuestran	under, etc.	table.
	lugar, dirección y tiempo)		
Conjuction	Join two words, ideas,	And, for , so,	I called my mother
(Conjunción)	phrases together in a	because, but, etc.	and father.
	sentence. (Unen palabras,		
	ideas y frases en una		
	oración)		

## **Examples**

noun	verb	noun	adverb
Tara	speaks	English	well.

pron.	verb	adj.	noun	conjunction	pron.	verb	pron.
She	likes	big	snakes	but	ı	hate	them.

noun	verb	verb
John	is	working.

# Put the name of the part of the speech of the underlined word next to the sentence.

1. Steve <u>can</u> play the trumpet.	<u>Verb</u>
2. She is an <u>old</u> lady.	
3. The group went climbing in the mountains.	
4. This is a <u>fast</u> car.	
5. He <u>did</u> well in the test.	
6. My father drives <u>carefully</u> .	
7. Has your <u>father</u> ever been to Australia?	
8. The movie <u>was</u> fantastic.	
9. Do <u>you</u> like dogs?	
10. They listen to music every day.	

## Part 5 – Unit review

# **Expressing Suggestions, Obligation and Prohibition**

Use the words to build a sentence in the form asked in parenthesis.

- You / sleep / early / tonight (suggestion) You could not stay up late.
1. Mark / help / his friends / with History (suggestion)
2. The girl / take a shower / before lunch (obligation)
3. People / smoke not / in public places (prohibition)
4. Sing / yell / inside the house (prohibition – imperative)
5. I / return / the books to the library (obligation)
6. Andrea / change / her attitude. / She's rude. (suggestion)
7. I / study / for my Math test. (obligation)
8. We / intervene / the conversation / without permission (prohibition)

## **Healthy habits**

Think of other ways how these activities can help you have a healthier lifestyle.

a. Go running:	
Ç	
•	
b. Listen to music:	
c. Play video games	:
d. Talking to friends/	family:
Write how often yo	u do these things using frequency adverbs.
a. Study:	
b. See your friends:	
c. Go to the dentist:	
d. Drink water:	
e. Go to a park:	

## Pauta de evaluación - Guías de estudio #4 - 7mo Básico

Pt.	Desempeño	Indicador	Excelente (5 puntos) Estudiante realiza las actividades de forma correcta. Logra objetivo de las actividades. Menos de 4 errores.	Bueno (3 puntos) Estudiante realiza las actividades, pero se encuentran entre 4 y 8 errores. Se logra objetivo de las actividades.	En progreso (1 punto) Estudiante tiene problemas en el desarrollo de las actividades. El conocimiento del contenido de la unidad aún está en progreso. Mas de 8 errores.
1	Exp. escrita	Expresa obligación, prohibición o sugerencia usando los verbos modales vistos en clases.	5	3	1
2	Comp, lectora	Reconocer adverbios y expresiones de frecuencia. Además, identifica información específica en texto escrito relacionado a la unidad.	5	3	1
3	Exp. escrita Exp. oral	Escribe acerca de su hobby, y graba un audio hablando acerca de este. SCRIPT Gramática (2 pts) Ortografia (2 pts) AUDIO Gramática (2 pts) Vocabulario (2 pts) Pronunciación (2 pts)	10	5	3
4	Exp. escrita	Identifica las partes de la oración.	5	3	1
5	Exp. escritra	Unit review. Completa las actividades de repaso de la unidad. Reconoce el vocabulario y la gramática revisada.	5	3	1
Otros	Gramática, ortografía y puntuación.		5	3	1
	Puntaje to	otal: 35 puntos	Puntaje obtenido:		

## Observaciones:

